# SUPPLEMENTS FOR NUTRITION AND EVERYDAY HEALTH

# Pharmaforte Power of Nature





# PHARMAFORTE PRODUCTS

# 1. Complex herbal multivitamins for fertility and maternity

Improve male and female fertility

Ferulant (60 capsules)
Ovant (60 capsules)

Male vitality and sexual health

Maximus (90 capsules)

Feminia (120 capsules)



Ovant-Baby (60 capsules) Ovant-Baby-2 (60 capsules)





# 2. Supplements for everyday health

Support of eye health

Lutein-Plus (30 capsules)

Bilutin-Omega (30 or 60 capsules)

Support of urinary tract

Cran-C (60 capsules)

Acidic reflux and digestive health

Gastro-Bon (30 or 60 capsules)

Support of respiratory health

Allix-Forte (60 capsules)

Broad spectrum antioxidant protection

Antioxant Capsules (60 capsules)

**Antioxant Drops (50 ml)** 

Protection of the heart and arteries

Gralma (60 capsules)

Support of blood vessels and capillaries

Bilace (45 capsules)

Weight control

Garcinia-Gold (90 capsules)

Vitamins D3 and K2 (60-60 capsules)









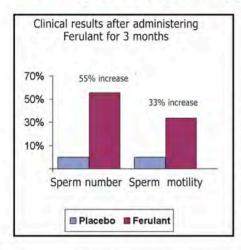




# FERULANT Improve male fertility

FERULANT for men is a scientifically proved, patented premium formula to

- increase sperm count and motility,
- increase the chance for pregnancy.





In a placebo controlled clinical study at the Stanford Medical School, Ferulant

- increased the number of sperms by 55%, their spontaneous motility by 33%, their linear motion by 16%.
- 3-6 months treatment (together with the female partner) resulted in healthy and normal fertilization in 30% of infertile couples.

Studies performed in Hungary on 100 male partners, and 55 couples, resulted in similar encouraging successes.

(Czeizel et al. Orv. Hetilap, 2012, 153, 1787-1792.)

#### Health effects of ingredients:

L-Carnitine, an amino acid proven to be important for active and healthy sperm. Ferulic Acid, an antioxidant found in Dong quai, also improves sperm quality. Antioxidant vitamins C and E, and antioxidants found in green tea along with selenium improve general reproductive health by fighting against harmful free radicals. Zinc and vitamins B6, B12, and folic acid are important nutrients for the male reproductive system for good hormone homeostasis, sperm development and motility.

Recommended for men without genetic or reproductive organ problems, to optimize and improve fertility.



# Supplement facts

amount in daily dose, 3 capsules (%DV)\*

 Vitamin B6:
 3 mg (214%)

 Vitamin B12:
 0.009 mg (360%)

 Vitamin C:
 180 mg (225%)

 Vitamin E:
 225 IU (1250%)

 Folic acid:
 0.60 mg (300%)

 Zinc:
 22.5 mg (225%)

 Selenium:
 0.105 mg (190%)

Proprietary blend: 975 mg

(Dong quai extract, Ferulic acid, L-Carnitine,

Green tea extract) \*\*

\* % of Daily Value

\*\* No daily value evaluated





# **OVANT**

## Supports female fertility



Dietary Supplement to improve fertility by optimizing hormonal balance, without the harsh hormonal intervention.

#### **Ingredients**

Peruvian maca extract (*Lepidium meyenii*) Vitamin E, B6, B12 Folic acid Iron, magnesium Zinc, selenium L-arginine Green tea extract

# **OVANT** For Women improving fertility health, preparing for pregnancy

A premium combination of amino acids, herbs, vitamins and minerals improves overall reproductive health to maintain a healthy hormonal and emotional balance.

Developed based on scientific literature, a non-hormonal herbal/nutritional blend.

# Supplement facts (amount in daily dose, 3 capsules with %DV\*):

Magnesium: 400 mg (107%) Iron: 18 mg (129%) Zinc: 15 mg (150%) 80 µg (145%) Selenium: 6 mg (428%) Vitamin B6: Vitamin B12: 12 µg (480%) VITAMIN E: 150 IU (833%) 400 µg (200%) Folic acid: Proprietary blend\*\*: 1145 mg

\*\*Peruvian maca extract (Lepidium meyenii), L-ar-

ginine, Green tea extract.

\*% of recommended daily value (EU)





# Pharmajorte MAXIMUS Multivitamin for Men Better Overall Health And Sexual Enjoyment

# **M**AXIMUS



## For male vitality and sexual health

Dietary supplement containing
L-arginine, ginseng, ginkgo extracts,
antioxidants, vitamins A, C, and E,
vitamin B complex, folic acid, and vital trace elements the every day nutriens for men.

90 capsules / box

### **MAXIMUS**

Daily multivitamin with herbal extracts to support overall and sexual health of men

#### Maximus Works in 4 Important Ways

Maximus provides the amino acid, L-Arginine as the building block for the production of Nitric Oxide.

Maximus provides extracts of the natural botanicals American and Korean ginseng, which enhance the conversion of L-arginine into Nitric Oxide by Nitric Oxide Synthase.

Maximus provides the natural herb, Ginkgo Biloba to promote overall microvascular circulation.

13 essential vitamins and minerals promote general sexual and reproductive wellness. The net effect is an increase in efficiency of the Nitric Oxide pathway and an increase in Nitric Oxide production, which leads to enhanced circulation and arousal.

Daily dose: 3\*1 capsule

Supplement facts: Serving size: 3 capsules. 30 servings per container

	Amount in 3 capsules	%DV*
Vitamin C	30 mg	37.5%;
Vitamin E	14.4 mg	120%
Zinc	7.5 mg	75%
Vitamin B3	7.5 mg	46.9%
Vitamin B5	5 mg	83.4%
Vitamin B6	1 mg	71.5%
Vitamin B2	0.85 mg	60.7%
Vitamin B1	0.75 mg	68.2%
Vitamin A	750µg	93.8%
folic acid	200 μg	100%
biotin B7	150 μg	300%
selenium	35 μg	63.7%
Vitamin B12	3 μg	120%

L-arginin; Ginkgo biloba extract (containing flavonglycoside terpenlacton); Korean ginzeng-extract (Panax ginseng, containing ginsenoid); American ginseng-extract (Panax quinquefolium, containing ginsenoid)





<sup>\*</sup>DV = Daily reference value

<sup>\*\*</sup>No DV evaluated



# FEMINIA

Daily multivitamin with herbal extracts, vitamins, minerals, and L-arginine to support overall and sexual health of women.



Ingredients: Proprietary blend of L-arginine, Fenugreek, Peruvian maca, Korean ginseng, Ginkgo biloba. Vitamins A, C, Vitamin complex B, Folic acid, Zinc, Iron, Selenium.

120 capsules/box

**Feminia** is recommended to support vitality and sexual health of women. It includes the combination of 14 essential vitamins and trace elements, L-arginine and 4 herbal extracts (Fenugreek, Peruvian maca, Ginkgo biloba, and Korean ginseng). Its active ingredients

- support normal functioning of the immune system.
- help energy-producing processes of the body, endurance, and performance.
- are beneficial for brain functions.
- increase libido and maintain healthy sexual functions.
- maintain normal level of testosterone in blood.

Recommended daily dose: take 2x2 capsules after meal with abundant liquid!

Supplement facts:	Amount	0/ DX74
	in 4 capsules	% DV*
Vitamin C	80 mg	100
Vitamin E	27 mg	225
Vitamin B3	20 mg	125
Pantothenic acid	10 mg	167
Vitamin B6	2.0 mg	143
Vitamin B2	1.7 mg	120
Vitamin B1	1.33 mg	120
Vitamin A (RE)	800 ug	100
Folic acid	400 ug	200
Biotin	100 ug	200
Vitamin B12	_6 ug	240
Iron	7 mg	50
Zinc	10 mg	100
L-arginin, Fenugreel	**	
cotaining saponins.		
containing flavongly terpene lactones, Ko		
terpene lactones, Ko		
containing ginsenosi		
Maca containing ma	caenes and	
Maca containing ma macamides and gluc		
$\mathcal{E}$		

<sup>\*%</sup> of recommended daily value (EU)





<sup>\*\*</sup>DV not evaluated



# OVANT-BABY-2

# Prenatal formula with 26 ingredients

The OVANT-Baby Pregnancy Complex contains 14 essential vitamins/pro-vitamins, folic acid, trace elements, minerals, and omega-3 fatty-acid providing all the supplements that are recommended for a healthy mother and a healthy and well developed baby. Deficiency of these micronutrients may increase the risk of irregularities during and after pregnancy according to modern scientific research and meta-analyses of millions of published maternity clinic data.

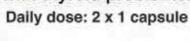


60 capsules/box

# OVANT-BABY THE ULTIMATE PRENATAL VITAMIN HEALTHY PREGNANCY – HEALTHY BABY

Ovant-Baby provides all the supplements that are recommended by doctors for a healthy pregnancy and breastfeeding. It complements the ordinary diet and ensures to avoid deficiencies in essential vitamins and nutrients.

Ovant-Baby-2 has no iodine component for women with thyroid problems.



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# LUTEIN-PLUS

Daily nutrients for the eye, supporting sharp vision when eyes are aging or fatigue



30 capsules/box

#### **Dietary Supplement containing**

Swedish bilberry fruit extract, lutein, zeaxanthin,

Lutein-Plus intends to provide your daily intake of lutein in one capsule per day. It is combined with antioxidants and trace elements for maintaining daily eye health. Bilberry (Vaccinium myrtillus) extract component supports the bioavailability of lutein and is beneficial for capillary vessels of the eye. Lutein and zeaxanthin are natural antioxidant constituents of the retina and lens protecting eyes against harmful light exposure by absorbing blue light and scavenging reactive oxygen species. They contribute to the integrity and health of the retina which is most essential for optimal visual performance. As we age, we are losing these vital components of the eye, so, it is important to replenish them from food or supplements.

#### Lutein-Plus is recomended for individuals

- exposed to oxidative eye-damaging effects of strong UV light,
- working long hours with computers.
- exposed to harmful environmental effects causing premature aging of the eye.

#### Recommended daily dose: 1 capsule

Supplement facts (amount in daily dose, 1 capsule):

Zinc 15 mg DV 150%\* Copper 2 mg DV 200% Selenium 160 μg DV 290%

Plant extracts: Bilberry, Lutein, Zeaxantin \*\*



<sup>\*\*</sup>DV not evaluated



<sup>\*%</sup> of recommended daily value (EU)



# BILUTIN-OMEGA

Helps replenish nutrients that our eye may lose as we age PRODUCT FOR HEALTH!



#### Dietary Supplement containing

bilberry fruit extract (Vaccinium myrtillus), zeaxanthin, lutein, beta-carotene, zinc and copper, selenium, Vitamins E and C, EPA and DHA omega-3 fatty acids



**BILUTIN-OMEGA** is designed to replenish those nutrients that are protecting and nourishing our eyes and are believed that the aging eye is constantly losing. This premium formula contains the clinically proven nutrients now recommended by the NEI based on the clinical evidence from the AREDS2 (age related eye disease) study. High quantity of **Swedish bilberry extract** helps not only the fine capillaries but beneficial also for **absorption of lutein**. It provides all the daily essential nutrients, vitamins and trace elements for healthy eye function.

#### **BILUTIN-OMEGA** supports

- the fragile capillaries of the retina,
- healthy collagen levels in the eye,
- protection of the eye against harmful daylight exposure,
- the integrity and health of the retina and the lens.

Omega-3 fatty acids, DHA+EPA, represents a new-generation eye supplement, DHA is a basic component of the retina.

#### Recommended for individuals

- exposed to oxidative eye-damaging effects: strong light or computer work;
- in risk of age-related macula degeneration;
- Wanting to slow down aging of the eye.

#### Recommended daily dose: 2 capsules



# Supplement facts (amount in daily dose, 2 capsules):

Vitamin-C	80 mg	DV 100%*
Vitamin-E(a)	12 mg	DV 100%
Zinc	10 mg	DV 100%
Beta-carotene	4.8 mg	
Copper	1.0 mg	DV 100%
Selenium	55 µg	DV 100%

Plant extracts: Bilberry, Lutein, Zeaxantin

\*% of recommended daily value (EU)

\*\*DV not evaluated



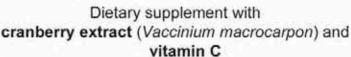
EPA/DHA



# CRAN-C

## Supports urinary tract by hindering bacterial adhesion







Cranberry (Vaccinium macrocarpon) is known about its beneficial effect against E.coli infection in the urinary tract. It is believed that cranberry disables harmful bacteria by an anti-adhesion mechanism and can be flushed out by consuming sufficient quantity of fluid. Natural compounds in cranberries, e.g. proanthocyanidins, have a protective action in the body against the damaging effects of free radicals. Cranberry extract having standardized quantity of proanthocyanidins along with vitamin C, a strong antioxidant and immune system supporter.

Simple, natural, and safe!

Cranberry capsules make an excellent choice of 0 calorie alternative to high sugar cranberry juice to have the same health benefit.

It can be necessary

- In the winter: in cold days when the immune system needs a boost,
- In the summer; in vacation days, at travels when swimming in cool water.

Recommended daily dose: for adults 3 capsules daily with at least 2L of liquid for best results. For 1-3 year old children mix the content of 1-2 capsules per day into baby food or yoghurt.



Supplement facts (amount in daily dose, 3 capsules):

Vitamin-C 60 mg DV 75% \*

Plant extract: Cranberry

\*% of recommended daily value (EU)



# GASTRO-BON



# Support for digestive health

To reduce symptoms of acidic reflux

#### Dietary supplement containing

DGL (Deglycyrrhizinated Licorice extract), Pre- and Probiotics in a naturally sweetened chewable tablet with xylitol

GASTRO-BON is a combination of DGL with pre- and probiotics, Lactobacillus and Bifidobacterium strains for best results. It provides a complete support for the gastrointestinal tract by protecting the esophagus and the stomach from irritating effects of stress, infections, chemicals, medications, and alcohol damage.



#### Recommended to support

- · Digestive health when discomfort, bloating, lower abdominal pain and diarrhea occurs
- Esophagus when acidity hurts or reflux occurs,
- Balance of intestinal microflora as a consequence of antibiotic treatment.
- Digestion in case of lactose intolerance.
- DGL protects the digestive tract by increasing mucus secretion and regulating the growth of the potentially harmful bacteria, Helicobacter pylori
- · Probiotics enhance the levels of beneficial microflora and strengthen the immunsystem
- Xylitol has a strong oral hygienic effect and is safe for diabetics and hyperglycemia prone persons

Recommended: 1 chewable tablet without any liquid 20 minutes before meals for best results.

## Supplement facts

(amount in daily dose, 2 tablets):

Probiotics 5x10^9 cfu

Plant extract: Licorice Root (DGL)





# **ALLIX-FORTE**

#### Support of respiratory health

Horseradish (Armoracia rusticana), Garlic (Allium sativum), Ginger (Zingiber officinale), Fenugreek, Citrus and Green Tea (Camellia sinansis) extract, Parsley (Petroselinum), with Histidine, Zinc, and Vitamins C and D







Recommended in the cold seasons or in the Summer when pollen attacks.

The natural plant extract combination of ALLIX contributes to maintaining the strong functioning of our whole body and immune system, especially the upper respiratory tract. The beneficial effects of this complex dietary supplement are attributed to the natural saponins in fenugreek, alliin in garlic extract, sulphur components in horseradish extract, and gingerol of ginger extract.



#### Recommendations:

- To strengthen the immune system throughout the year
- To keep the respiratory tract clear and congestionfree in the winter during flu season, as well as in the summer, when hay fever and pollen allergies are prevalent.
- Antioxidant effect inhibits harmful oxidative processes and supports general health

Recommended daily dose: 2 capsules daily. In case of respiratory complaints, 1-2 capsules 2 -5 times daily as needed

#### Supplement facts

(amount in daily dose, 2 capsules):

Vitamin-C 80 mg DV 100 % Vitamin-D3 25 µg (1000NE) DV 500 % Zinc 10 mg DV 100 % Plant extracts: Horseradish, Ginger, Fenugreek, Citrus, Green tea, Parsley







# ANTIOXANT

#### Natural broad spectrum antioxidant protection

Pomegranate (Punica granatum), cranberry (Vaccinium macrocarpon), grape peel and seed, citrus, and green tea with Selenium and Vitamin C

60 capsules/box

ANTIOXANT contains the extract of 5 specially chosen exotic fruits and plants rich in antioxidants, along with vitamins and trace elements contributing to the healthy functioning of the body and that of the immune system. The variety of antioxidants in natural extracts have an additive effect, complementing effectiveness of the components.

#### Recommendations:

 For every day protection against cell damaging oxidative processes provoked by free radicals due to environmental hazards:

> UV radiation. air pollution, smoking, stressful lifestyle, unhealthy diet .

- For physical and mental health and endurance
- Supporting the sensitive cells of the reproductive organs
- In case of fatigue and decreased energy due to an unhealthy life style and diet.

Antioxant Drops are convenient source of antioxidants. When using 16 drops in a glass of water, its gentle citrus flavour makes our plain water a desirable drink.



#### Supplement facts

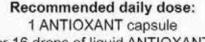
(Antioxant capsule: amount in daily dose, 1 capsule): (Antioxant Drops: amount in daily dose, 16 drops)

Vitamin-C 30mg DV 37.5 %\* Selenium 80 µg DV 145 %

Plant extracts: Pomegranate, Cranberry, Grape seed and peel, Citrus, Green tea \*\*

\*% of recommended daily value (EU)

\*\*DV not evaluated



or 16 drops of liquid ANTIOXANT





60 capsules/box

# GRALMA

Antioxidant protection of heart and arteries, controlling healthy cell growth and proliferation

Pomegranate (*Punica granatum*) and grape seed (*Vitis vinifera*) extracts with lecithin, resveratrol, folic acid and vitamin C



The main ingredient in GRALMA is the extract of the unique pomegranate fruit which contains specific antioxidants (ellagic acid and punicalagin). Punicalagins are the major elements behind the pomegranate's antioxidant capability and has been recently researched widely for its beneficial characteristics. The pomegranate fruit extract is complemented with important nutrients contributing to maintaining a healthy cardiovascular system, including cholesterol level, HDL/LDL ratio, and blood pressure. Pomegranate is an excellent source of natural antioxidants which help protect cells against the harmful effects of free radicals, and thereby help control their healthy proliferation.



#### Recommendations:

- General support for the normal functioning of the cardiovascular system
- To support and promote healthy cell proliferation
- In times of intense physical and mental activity

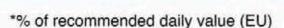
Recommended daily dose: 1-2

Supplement facts (amount in daily dose, 2 capsules):

Vitamin C 60 mg DV 75 %\* Folic acid 400 μg DV 200%

Plant extracts: Pomegranate, Grape seed, Soy

lecithin \*\*









# BILACE

Support of blood vessels and capillaries



45 capsules/box

Bilberry fruit extract (Vaccinium myrtillus) with Vitamins C and E and Beta-carotene

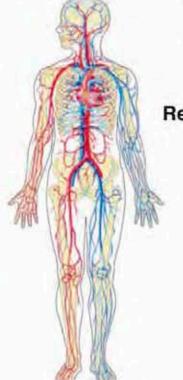


The exceptional anthocyanins of the unique bilberry fruit **promote the health** and elasticity of capillaries and veins, organs that are fundamental for the transport of oxygen and nutrients throughout the body. The ingredients of BI-LACE are essential nutrients for optimal vitality and energy we need every day. This dietary supplement helps blood vessels resist the damages caused by free radicals, support their regeneration and maintain their flexibility. The healthy functioning of the brain and eyes, where capillaries are most abundant, can significantly benefit from the valuable effects of BILACE. Vitamins C, and E and beta-carotene are essential nutrients that complement the advantageous anti-oxidant effects of the bilberry fruit.

#### Recommendations:

- During increased physical and mental workload
- · Fatigue of the eyes
- Recovery from illness or surgery, to help capillaries and veins regenerate
- Increased environmental and lifestyle stress

Recommended daily dose: 1-3 capsules



Supplement facts (amount in daily maximum dose, 3 capsules):

Vitamin-C 60 mg DV 75 %\*

Vitamin-E 8.4 mg DV 70 %

Beta-carotene 6.6 mg \*\*

Plant extract: Bilberry\*\*

\*% of recommended daily value (EU)





# GARCINIA-GOLD

Weight loss without suffering







Dietary supplement containing 1000 mg HCA (Hydroxycitric Acid in Garcinia cambogia extract) in the daily dose together with Chromium, L-carnitine, and Green tea extract

Garcinia-Gold is a **popular fat burner** based on the garcinia cambogia fruit, or 'weight loss fruit'. This natural food supplement helps you conveniently lose weight.

Clinically effective daily dose of each active ingredient helps

- to control appetite and to increase feeling of fullness;
- · to promote fat loss without feeling tired;
- to achieve a healthy and attractive body shape;
- to feel energized;
- to achieve lasting success.

Recommended daily dose: 3 \* 1 capsule before main meals.

Supplement facts (amount in daily dose, 3 capsules):

Chromium 200 µg DV 500 %\*

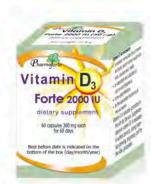
L-carnitine 300 mg \*

Plant extracts: Garcinia cambogia, Green tea \*\*

\*% of recommended daily value (EU)







# VITAMIN D<sub>3</sub>

## Dietary supplement 2000 IU 60 gel capsules



Vitamin D is necessary

- to maintain normal structure of bones and teeth, and of normal muscle functions, structure and health.
- · for absorption and utilization of calcium and phosphorus,
- in the cell proliferation,
- for the appropriate functioning of immune system.

Vitamin D is naturally generated in the skin by the sun. Supplementation of vitamin D3 is necessary in sunless periods, during intensive growing, pregnancy, and for the older generation.

#### Supplement facts:

	ents in the maxi daily dose (1 c	
Amount	in 1 capsule	DV* %
Colecalciferol	100μg	2000%

<sup>\*\*%</sup> of recommended daily value (EU)

**Recommended dosage:** 1 capsule daily (2 capsules in case of increased demand) after a meal.



# VITAMIN K<sub>2</sub>

## Dietary supplement FORTE 100 μg 60 gel capsules



- Participates in the regulation of blood clotting processes,
- Helps maintain bone structure and health.
- Recommended for persons in risk of osteoporosis and/or heart disease to support calcium to build into the bones rather than into the arteries.

Recommended dosage: 1 capsule daily after a meal.

Supplement Facts:	amount in d	aily dose
(1 capsule)		DV*%
Menaquinone-7	100μg	133%

<sup>\*%</sup> of recommended daily value (EU)



# ABOUT PHARMAFORTE LTD.

Pharmaforte Ltd. (Hungary) is a family-owned enterprise established in 2002 in Budapest, Hungary by two internationally acclaimed scientists, Prof. Dr. George Osapay and dr. Klara Osapay. They are both experts in bio-medical and drug research. Integrating their international experience and expertise from universities and pharmaceutical companies in California, New York, Belgium and Budapest, they focused on the development of dietary supplements. These functional food products can provide health protection as well as complementary therapies that contribute to the prevention of certain diseases.

Pharmaforte supplement products are manufactured in Hungary by using ISO standards Quality Management System accreditation: ISO 9001:2008. All ingredients and products are tested and analyzed by rigorous HPLC, MS and UV procedures.

Pharmaforte was the first in the Hungarian market that launched a dietary supplement containing cranberry extract. (CRAN-C supports urinary tract health). Other newly developed products containing bilberry and pomegranate combined with vitamins followed that target eye and cardiovascular health problems (Bilutin, Lutein, Gralma).

In 2006, the scientists at Pharmaforte Ltd. established a cooperation with a small American company for developing and then establishing clinical studies of fertility enhancing products for men and women. The clinical studies have been carried out at Stanford University in California and at the Fetal Diagnostic Center in Hungary. Ferulant for men was registered in 2007 as a therapeutic agent in Hungary. Ovant, fertlity enhancing product for women was registered in 2011 as supplement.

As an ongoing scientific effort Pharmafort Ltd. undertakes clinical and laboratory studies. Hungarian clinical testing of Ferulant, a therapeutical product aiding male fertility was successfully finished and the results were published in 2012. The company's current clinical studies focus on the effectiveness of Ovant for women.

# CONTACT

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